

interRAI Assessments

Nebraska uses interRAI assessments to evaluate needs, strengths, and preferences for people living in a community environment.

Nebraska uses two assessments for the AD Waiver:

- **The interRAI Home Care**
 - Called the interRAI HC.
 - For ages 18 years and older.
- **The interRAI Pediatric Home Care**
 - Called the interRAI PEDS-HC.
 - For ages 48 months-17 years.

You will have one assessment per year, based on your age. *For details, see the section Assessment by Age.*

interRAI assessments are standardized and validated. This means data and results are accurate for people across different populations.

The AD Waiver

This brochure is about assessments used for the AD Waiver.

The AD Waiver is for adults ages 65 years and older and people ages birth to 64 who have disabilities. It provides services in your community related to your needs.

Services are provided through Medicaid Home and Community-Based Services (HCBS) Waivers. Waivers allow Medicaid to pay for services in your community, rather than in an institutional setting, such as a nursing facility. **You must meet all points of eligibility to receive AD Waiver services.**

Aged and Disabled (AD) Waiver

Assessment: the interRAI

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

“Helping People Live Better Lives”

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Assessment Tips

If you are interviewed keep in mind the interRAI HC is designed to assess for Nursing Facility Level of Care.

If you do not understand a question, tell the person completing the assessment. You can ask questions.

Contact DHHS



(877) 667-6266



AD Application and Eligibility:

dhhs.hcbswaiverapp@nebraska.gov



Nebraska State Office Building
301 Centennial Mall South
PO Box 98947
Lincoln, NE 68509-8947

Nursing Facility Level of Care

AD Waiver is based on the level of care required to live in a nursing facility. This is called Nursing Facility Level of Care, or NF-LOC.

The Division assesses to determine if you meet level of care after you have Medicaid and meet the AD Waiver requirements of age (65 years or older) or disability (per Social Security criteria).

Your level of care is assessed every year.

Funding for Services

- Your funding is based on your person-center plan, so you must create a plan with your Service Coordinator (SC).
- Your plan must be finalized and all required paperwork signed before services start.
- Your SC will authorize your waiver services based on your plan.
- Services are only available after your plan is created.
- Services cannot be backdated.
- The interRAI assessment must be completed on an annual basis to continue to meet NF-LOC requirements.
- You must meet all points of waiver eligibility on an annual basis.

Completing the interRAI

The assessor completing the interRAI assessment aims to complete an accurate, objective assessment. To do so, they will need to gather accurate and current information.

The assessor is trained on a process that places you at the center of your assessment. You should consider your current health status and ability to complete the tasks being asked about. You may be asked to demonstrate specific tasks. You should be given adequate time.

In addition to your interview, the assessor will review different sources of information

The assessment is completed based on answers given during interviews, documentation gathered, and any observations.

Learn More

Visit the interRAI Organization's website: <https://interrai.org/>.



Assessment by Age

What the assessment looks at is based on your age.

Ages birth through 47 months

- Assessor gathers information related to a minimum of one defined medical condition or treatment per Nebraska regulations.

Ages 48 months through 17 years: interRAI Pediatric Home Care (PEDS-HC) for Children

In one of three ways:

- At least one medical condition or treatment need;
- Limitations in at least six activities of daily living; or
- Limitations in at least four activities of daily living and the presence of at least two other considerations.

Ages 18 years and over: interRAI Home Care (HC) for Adults

- Activities of daily living;
- Risk factors;
- Medical treatment;
- Cognition factors.